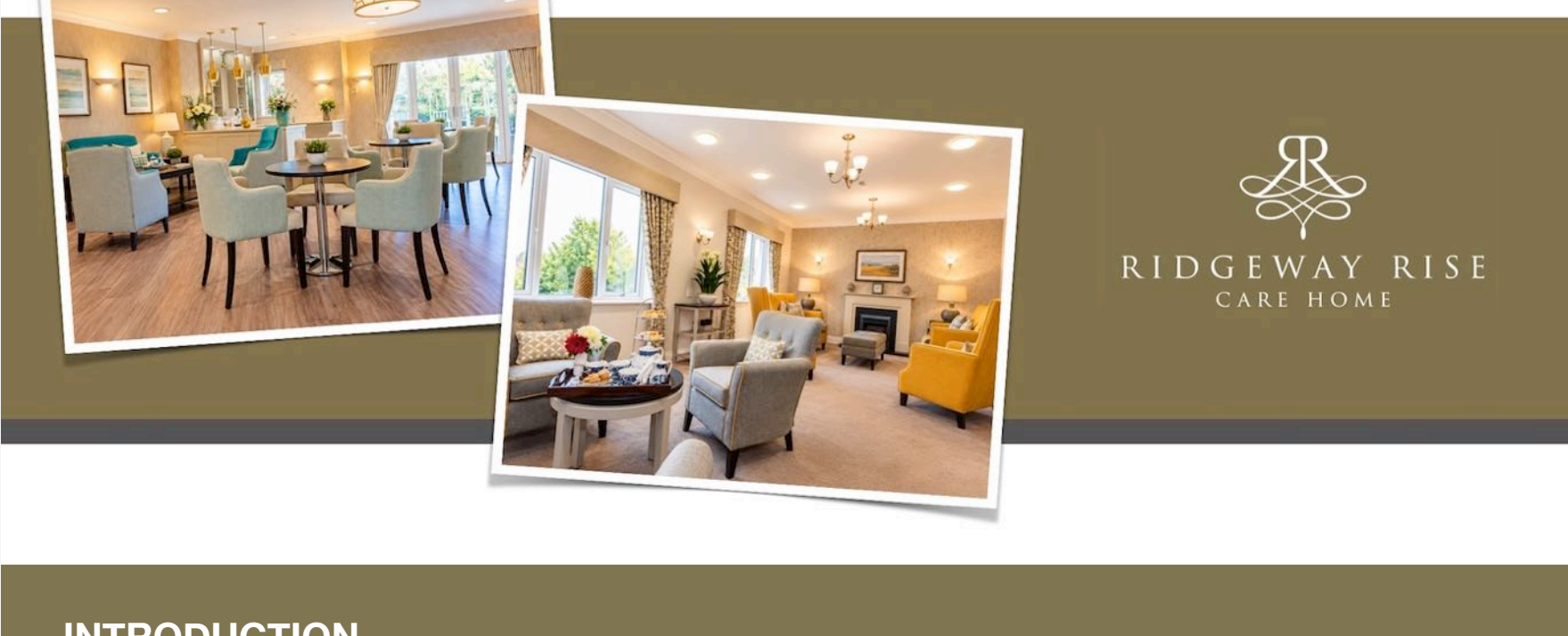




INTRODUCTION

Message From Our Manager

Welcome to the very first edition of our new Ridgeway Rise Quarterly Newsletter.

Every few months, we'll be sharing a selection of news, activities and stories from around the home, giving residents, relatives and friends a chance to see what we have been getting up to.

There has certainly been plenty happening recently. We've enjoyed getting creative with autumn art and wreath making, welcomed some very small and fluffy new arrivals, raised money for the Alzheimer's Society and enjoyed our annual Summer Fete. Residents have also been busy in the garden and kitchen, growing tomatoes and helping to make our own freshly baked bread.

We hope you enjoy our first edition and that it gives you a flavour of everyday life at Ridgeway Rise. Thank you to our residents, families, friends and team for all your support, and we look forward to sharing plenty more news with you each quarter.

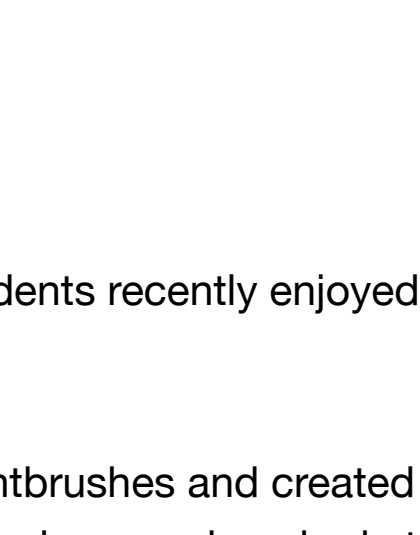
If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Sign Up Form](#)

Best wishes,

Bella

Bella Balaci
Home Manager



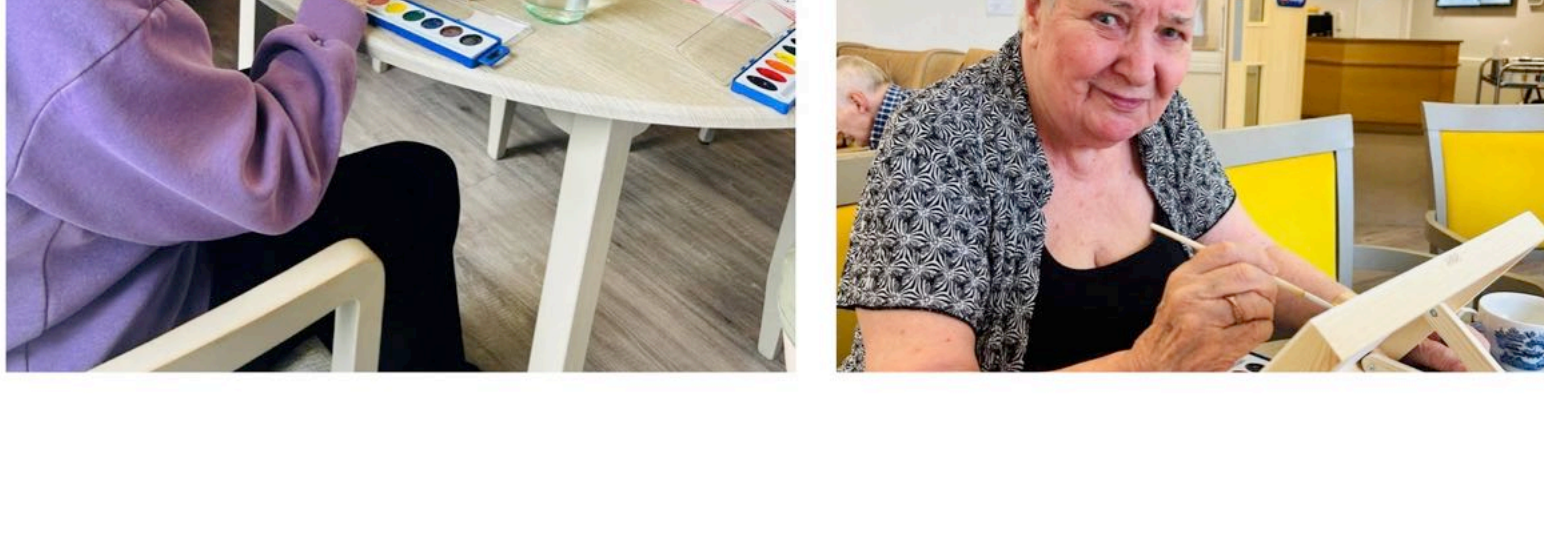
SEASONAL ACTIVITIES

Art & Crafts

With the changing season providing plenty of inspiration, residents recently enjoyed a relaxing paint and sip session.

With a cup of tea close at hand, everyone picked up their paintbrushes and created their own watercolour autumn scenes. Residents chose their colours and worked at their own pace, with plenty of conversation going on around the table as the paintings began to take shape.

It was a relaxed way to spend time together while getting creative and enjoying some of the beautiful colours associated with this time of year.

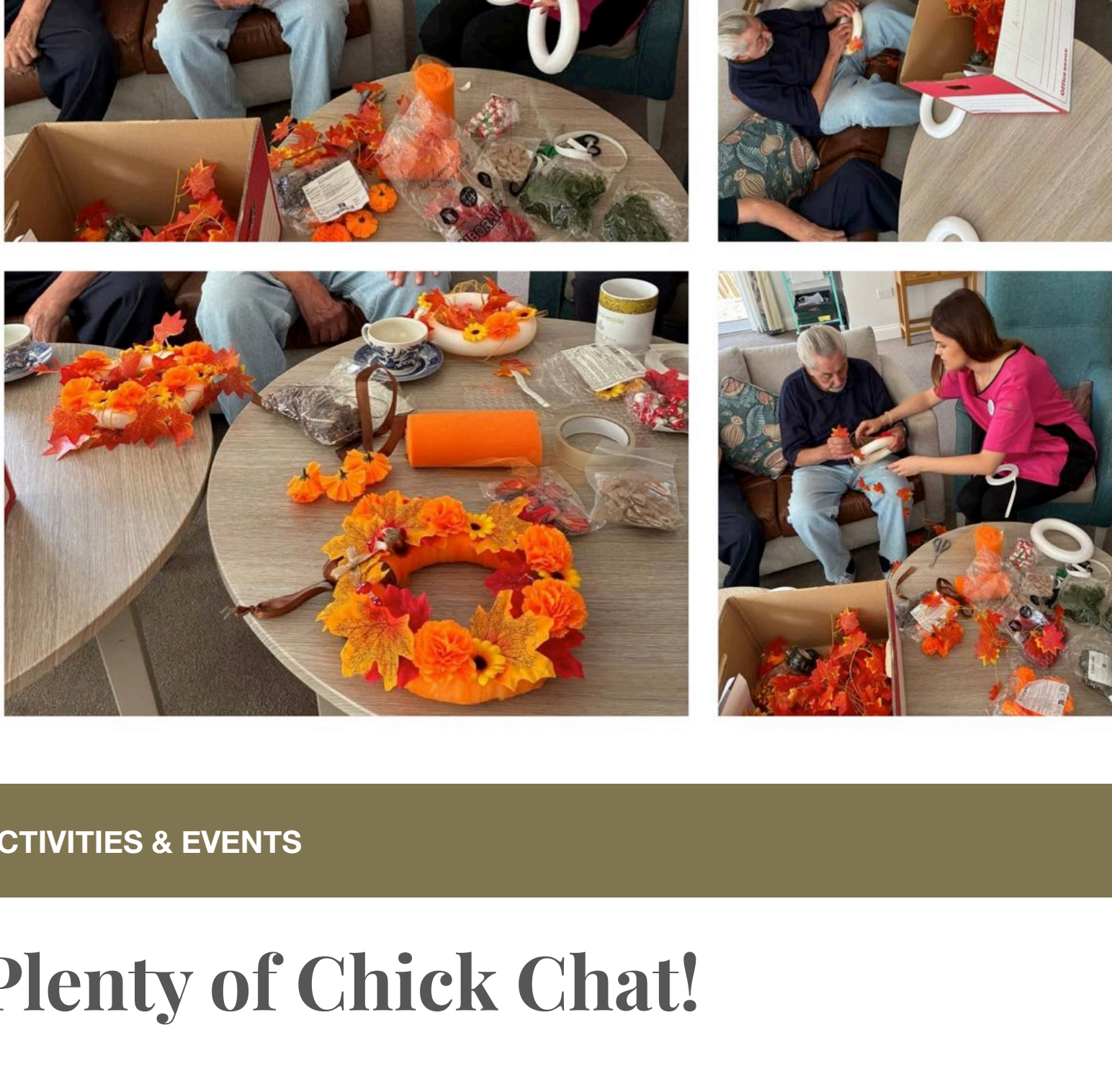


Autumn Wreaths

Our autumn crafting continued as residents got together to make seasonal wreaths to decorate the home.

With a large selection of silk flowers and leaves in autumn shades to choose from, everyone could create something a little different. There were plenty of decisions to make about colours and arrangements before everything was put into place.

The finished wreaths looked fantastic and are now bringing some seasonal colour to Ridgeway Rise.

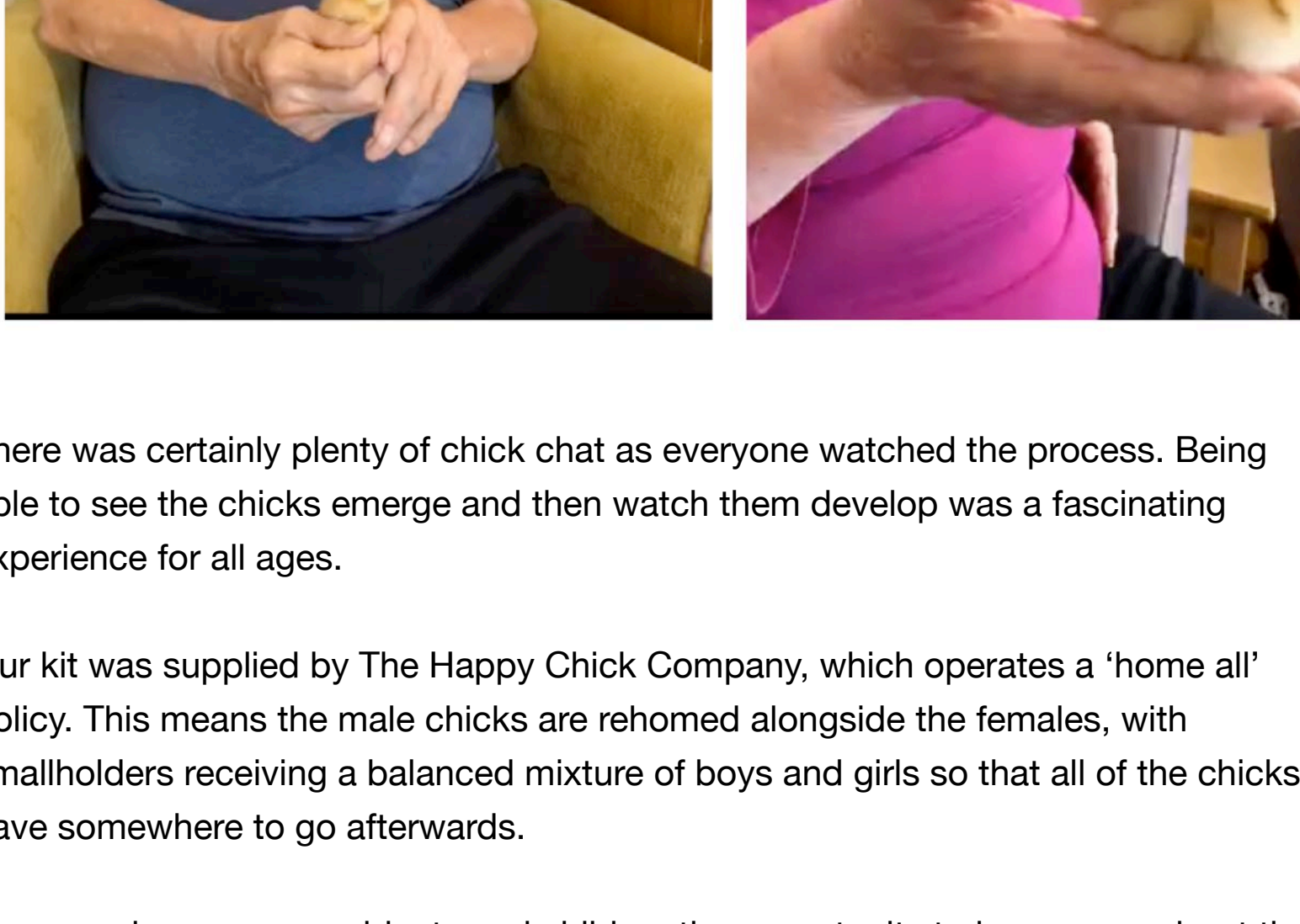


ACTIVITIES & EVENTS

Plenty of Chick Chat!

Something egg-citing happened at Ridgeway Rise when Alison Humphrey, a local childminder, brought a group of children along to help us set up our hatching chicken kit.

Once everything was ready, the countdown began. Residents and children waited patiently for the first signs of activity and, before long, our fluffy little chicks began hatching one by one.



There was certainly plenty of chick chat as everyone watched the process. Being able to see the chicks emerge and then watch them develop was a fascinating experience for all ages.

Our kit was supplied by The Happy Chick Company, which operates a 'home all' policy. This means the male chicks are rehomed alongside the females, with smallholders receiving a balanced mixture of boys and girls so that all of the chicks have somewhere to go afterwards.

The experience gave residents and children the opportunity to learn more about the animals while enjoying something very different together.



Singing for the Alzheimer's Society

Our Ridgeway Rise choir headed out into the local community for a special performance in the garden of the Jovial Monk pub.

Residents enjoyed singing for our neighbours and bringing a little live music to the afternoon, while also raising funds for the Alzheimer's Society.

We were very grateful to everyone who stopped to listen, joined in and supported the fundraiser. It was great to be out in the community while helping to raise money for an important cause. Well done to our choir for representing Ridgeway Rise so well.

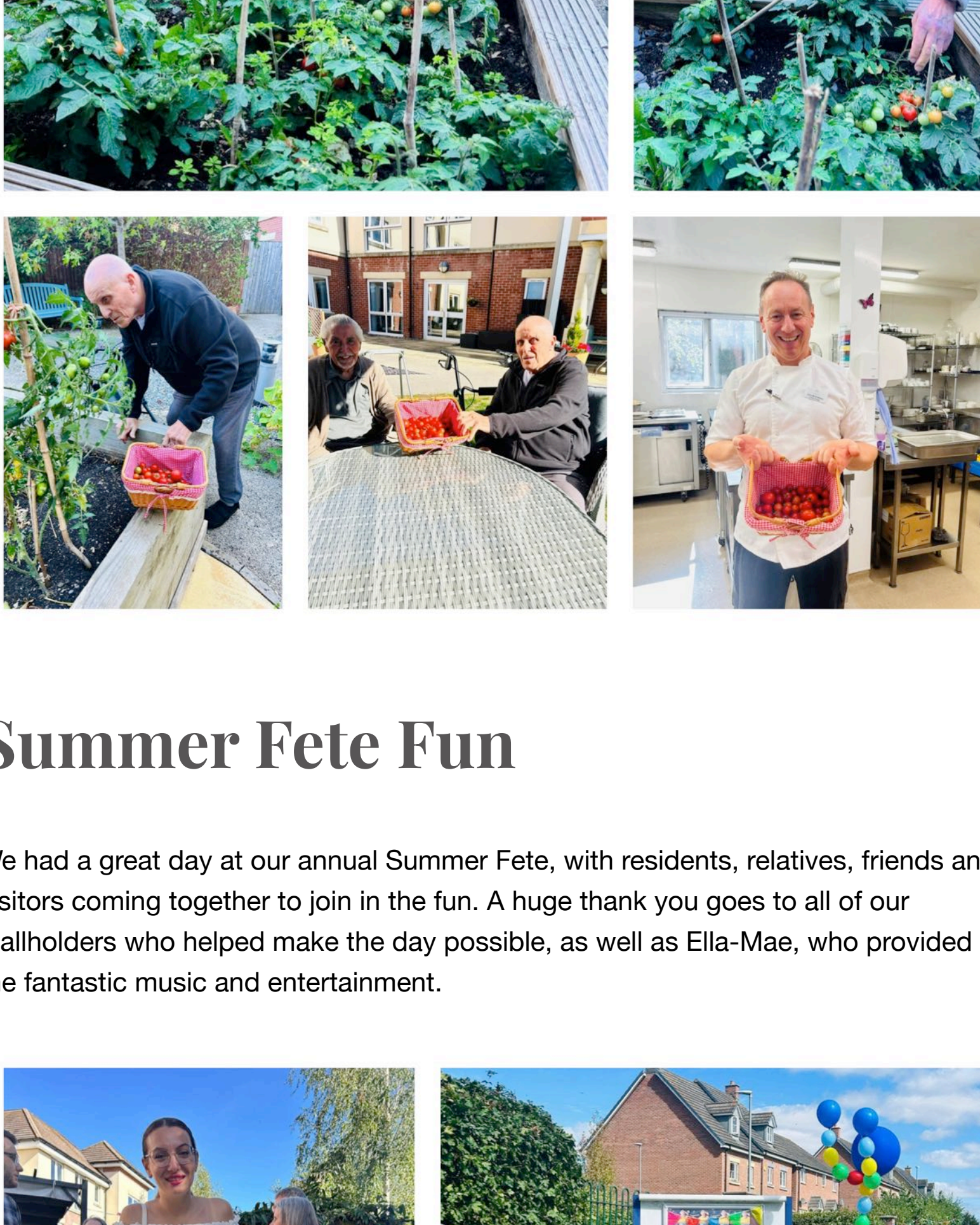


From Garden to Table

Our residents have been keeping a close eye on the tomato plants they have nurtured and cared for. Once the tomatoes were finally ripe, it was time to pick them and take them straight through to our kitchen to be put to good use.

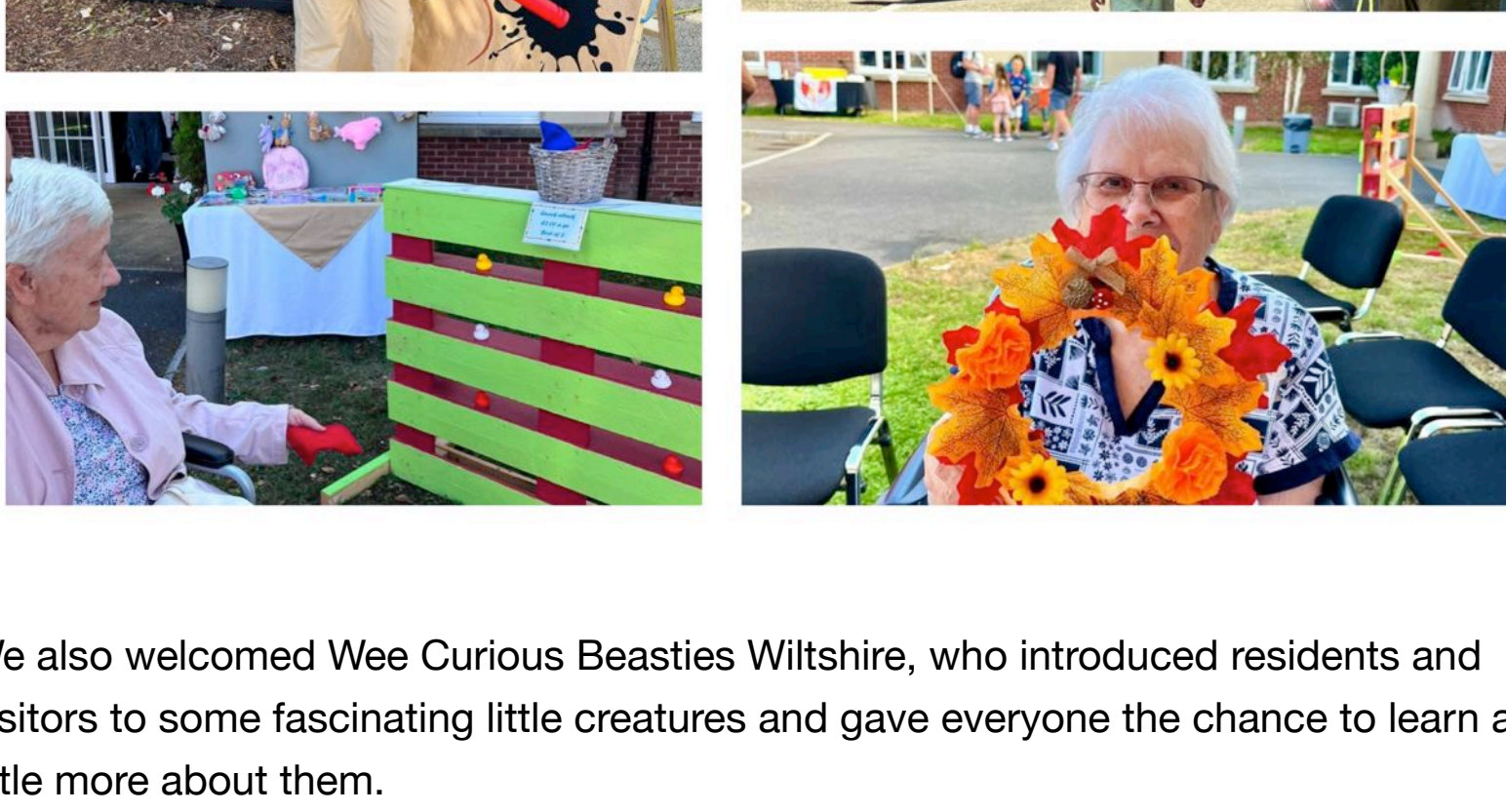
Growing our own produce gives residents the chance to follow the whole process, from caring for the plants and watching them develop to eventually harvesting something we can actually eat.

There is something particularly satisfying about knowing that food on the table has come straight from our own garden.



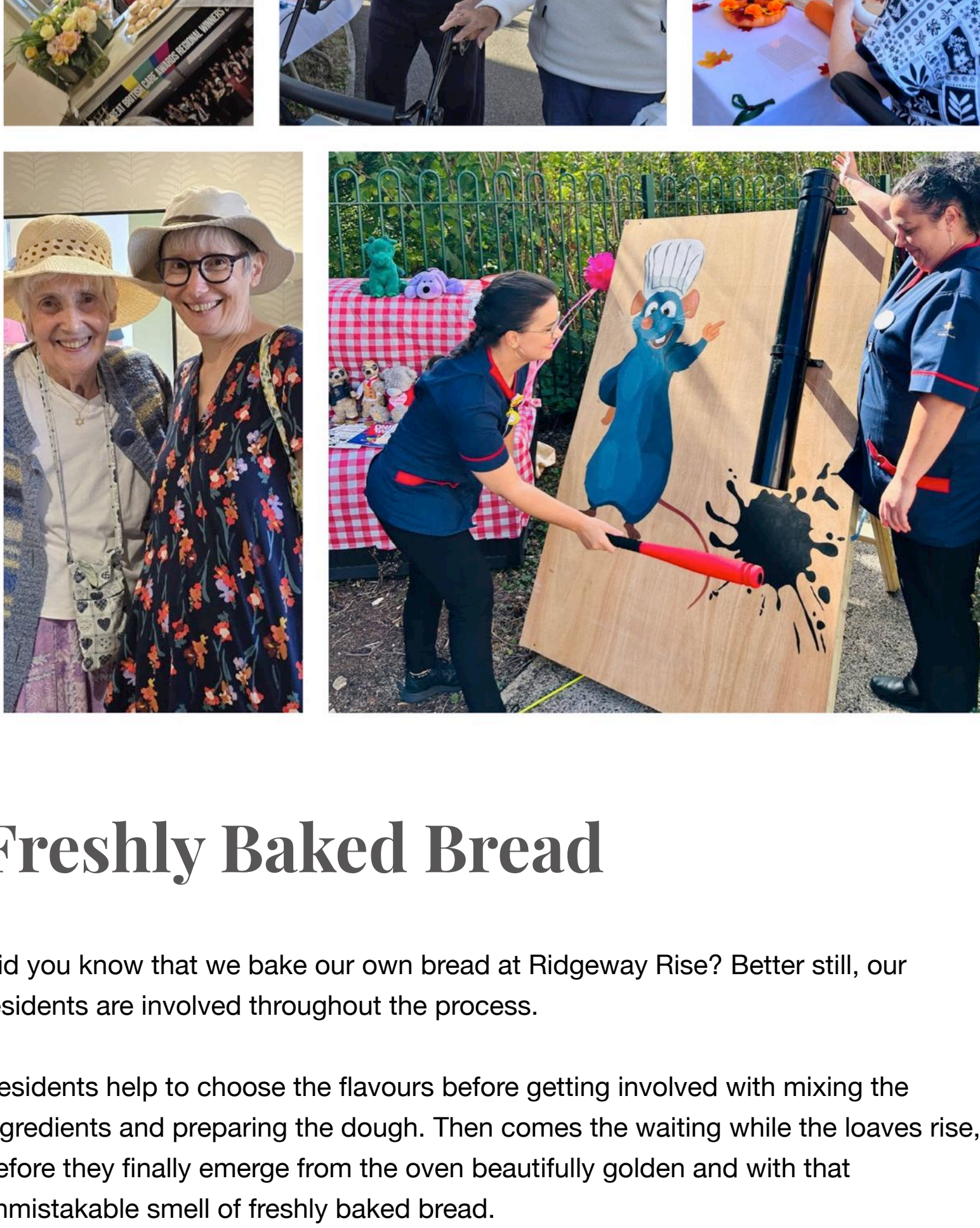
Summer Fete Fun

We had a great day at our annual Summer Fete, with residents, relatives, friends and visitors coming together to join in the fun. A huge thank you goes to all of our stallholders who helped make the day possible, as well as Ella-Mae, who provided the fantastic music and entertainment.



We also welcomed Wee Curious Beasts Wiltshire, who introduced residents and visitors to some fascinating little creatures and gave everyone the chance to learn a little more about them.

Most importantly, thank you to everyone who came along and supported the day. It was great to see so many people enjoying themselves and spending time together.

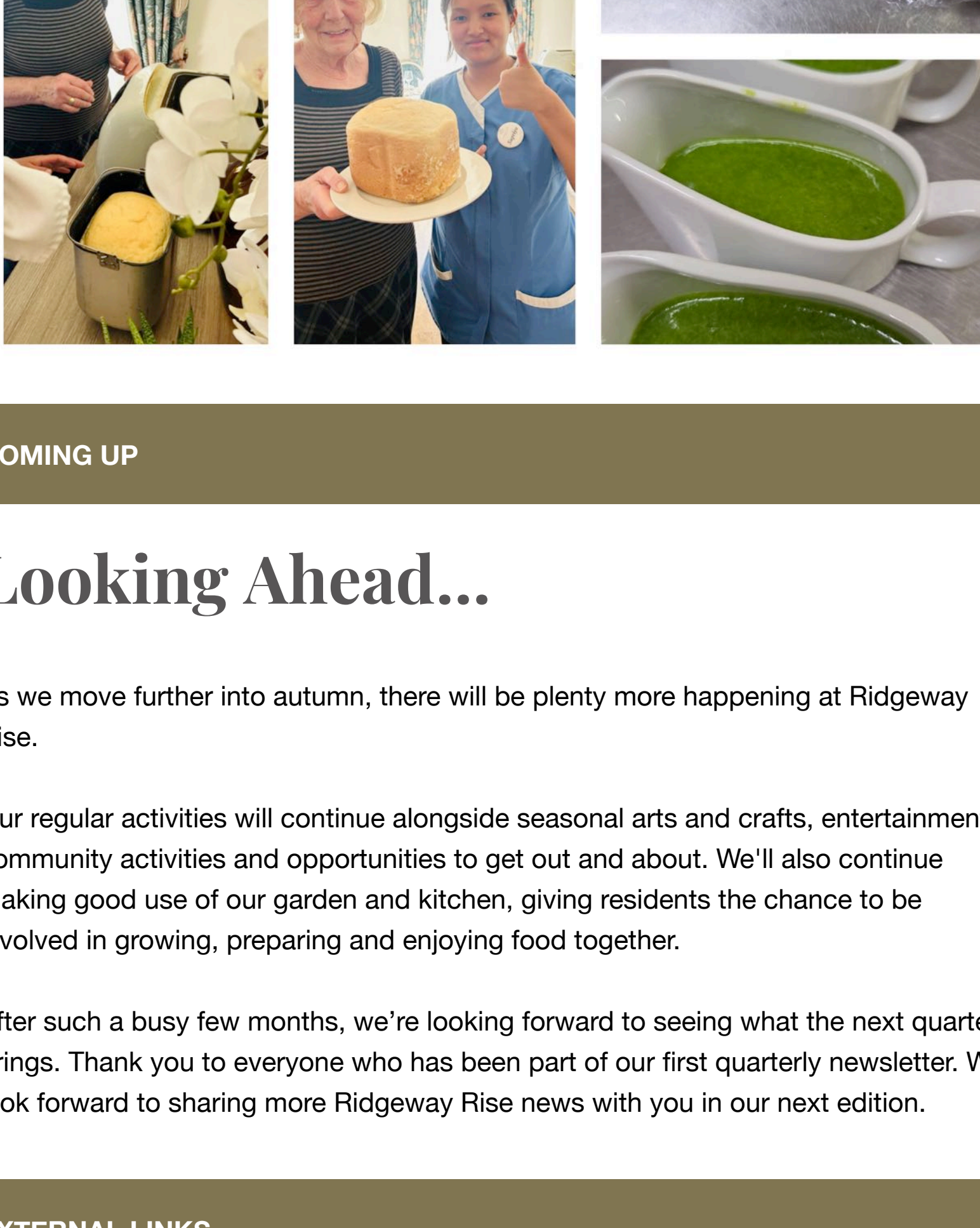


Freshly Baked Bread

Did you know that we bake our own bread at Ridgeway Rise? Better still, our residents are involved throughout the process.

Residents help to choose the flavours before getting involved with mixing the ingredients and preparing the dough. Then comes the waiting while the loaves rise, before they finally emerge from the oven beautifully golden and with that unmistakable smell of freshly baked bread.

Our home-grown herbs can also be put to good use as a garnish, and everything comes together in time for supper with a warm bowl of homemade soup and freshly baked bread. It's a simple pleasure, but one that residents can be involved with from beginning to end, and the finished result is always worth waiting for.



COMING UP

Looking Ahead...

As we move further into autumn, there will be plenty more happening at Ridgeway Rise.

Our regular activities will continue alongside seasonal arts and crafts, entertainment, community activities and opportunities to get out and about. We'll also continue making good use of our garden and kitchen, giving residents the chance to be involved in growing, preparing and enjoying food together.

After such a busy few months, we're looking forward to seeing what the next quarter brings. Thank you to everyone who has been part of our first quarterly newsletter. We look forward to sharing more Ridgeway Rise news with you in our next edition.

EXTERNAL LINKS

Social Media

Make sure to check out the Ridgeway Rise Care Home Facebook Page for all our latest photos!

[Don't Forget To 'Like' Us!](#)

Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk Reviews](#)

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